

Kalyana Mitta Questionnaire

1. What are you looking for in a KM group?

2. Describe your meditation experience:

- How long have you been meditating?
- Do you have a regular practice?
- Briefly describe any retreats or meditation classes you have attended.

3. Most convenient times and locations for you to attend a KM group:

- Locations? _____
- Times? __ Daytime __ Evenings
- Days of week? __ Mon __ Tues __ Wed __ Thurs __ Fri __ Sat __ Sun

4. Hosting or Facilitating New KM Groups:

- Can you host a group in your home? __ Yes __ No
- Are you interested in co-facilitating? __ Yes __ No

5. Type of Group: While all KM groups have a similar format and intent to apply the Dharma in our daily lives, they differ in their content and emphasis. Check the types of KM groups that most interest you?

- __ Dharma Study
- __ Addiction Recovery
- __ Men only
- __ Women only
- __ LGBT
- __ Other focus (Please specify): _____

Please note that it generally takes more time to form a group with a specific focus.

Your Contact Information:

Name: _____ Phone: _____

City, State, Zip: _____

Email Address: _____